

The PSHE Curriculum Map below shows when Relationships Education related content is taught within this academic year (Cycle A).

Year Group/Key Stage	Term	Topic/Theme Details
Key Stage 1	Autumn 2	Social Safety:
		What is private and public? (Our
		bodies and places)
	Spring 1	Social Safety:
		What is OK and not OK behaviour?
		What is consent/permission?
	Spring 2	Health & Wellbeing:
		Who keeps us safe?
	Summer 1	Relationships & Social Safety:
		What are emotions that feel good
		inside and what do they look like?
	Summer 2	Relationships & Self-Awareness:
		What is family love?
Lower Key Stage 2	Autumn 2	Social Safety:
		Why it is important to respect &
		value our body (Our bodies
		including organs, private & public)
	Spring 1	Social Safety:
		How can we respect personal
		boundaries? (OK/not OK,
		importance of consent/permission,
		types of touch)
	Summer 1	Social Safety:
		What are the steps to different
		relationships?
	Summer 2	Health & Wellbeing:
		How do we grow and change?
Upper Key Stage 2	Autumn 2	Social Safety:
		How can we respect and value our
		body? Consent, touch, hygiene
		(brush teeth, clean body), self-
		esteem
	Spring 1	Living in the Wider World:
		How can we stay safe online?
	Spring 2	Social Safety:
		What are the steps to different
		relationships (friendship included)?
	Summer 1	Social Safety:
		What types of touch are appropriate
		based on your relationship to the
		person?
	Summer 2	Health & Wellbeing:
		How can we keep healthy as we
		grow (and change)?
		Relationships:



Why is it important I advocate for
myself? (self-esteem, preparing for
adult-life, jobs)