

# My daily routine



## Morning

1

Dashed box for writing routine step 1.

2

Dashed box for writing routine step 2.

3

Dashed box for writing routine step 3.

4

Dashed box for writing routine step 4.

5

Dashed box for writing routine step 5.

6

Dashed box for writing routine step 6.

## Afternoon / Evening

1

Dashed box for writing routine step 1.

2

Dashed box for writing routine step 2.

3

Dashed box for writing routine step 3.

4

Dashed box for writing routine step 4.

5

Dashed box for writing routine step 5.

6

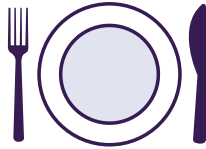
Dashed box for writing routine step 6.



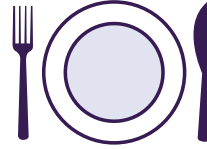
Brush teeth



Brush teeth



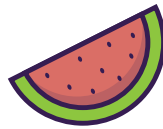
Breakfast



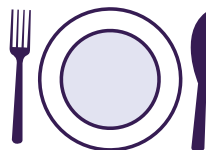
Lunch



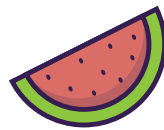
Get dressed



Snack



Evening meal



Snack



Quiet time



Wash time



Play outside



Bed time

Please print out this activity sheet and cut along the dotted lines. Add the activities to your daily routine calendar. Apply with either Blu Tac or Pritt Stick.