



Spring Break Support Pack

Planning & Mapping
Activity For Teens

Objectives:

- ✓ To learn about your surroundings and where you live
- ✓ To be safe when out and about
- ✓ To be aware of possible dangers

What you need:

- ✓ You can use Google Maps on a phone, tablet, or printed version.
- ✓ A parent or someone who can help keep you safe.
- ✓ Paper and pen.



Task 1:

Goal 1 is to safely navigate your way to the closest shop on foot. Then, navigate your way back home.

Goal 2 is to safely navigate your way to the closest supermarket using public transport or a car. Then, navigate your way back home.

Step 1

Pick your location. This can be close to home or a bit further away if you already have some experience and the confidence to do it.

Step 2

Identify the location on your map.

Step 3

Choose your method of transport: car, on foot, or public transport.

Step 4

Plan your journey with your responsible adult: discuss what you might see, which direction you may travel in, make a note of any busy roads, and how you plan to cross them safely.

Step 5

Dress appropriately for the weather outside.

Step 6

Time to set off!



On your journey, talk about things you can see, and discuss why they are there.

You may see a building site; what are the dangers of going too close to it?

You may have to go under a low bridge in the car and talk about which vehicles may not be able to use that road for access.

Task 2:

This task challenges you to navigate your journey successfully without taking a map.

Goal 1 is to be able to use landmarks to navigate where you are.

Goal 2 is to have some fun!

Steps 1-5 are to be done at home.

Step 1 Pick your first location. This can be close to home or a bit further away if you already have some experience. For example, the post box at the end of the road.

Step 2 Identify where this is located on a map (remember, you won't be taking this map with you!)


Step 3 Using the map, pick another random landmark. This could be a park, a church, or a shop.

Step 4 Pick a few more landmarks from the map and make a note of them with your pen and paper.

Step 5 Choose your method of transport: car, on foot, or public transport.

Step 6
Dress for the weather and set off!

Once you have arrived at your first stop, refer back to your notes to see the next location you chose. Talk to your responsible adult and determine which direction you need to travel in. Think about busy roads and other potential dangers you may encounter on the way.



Your final landmark will be your house at the end.
Good luck!

