

Local Procedure/Protocol			
School/Home Name:	Oakwood Learning Centre		
Local Procedure/Protocol Title:	Relationships and Sex Education Protocol		
Linked to Group Policy Title & Code:	Relationships and Sex Education Policy		
Date Reviewed:	September 2023		
Next Update Due:	September 2024		
Procedure/Protocol Lead:	T.Wood		
Procedure/Protocol Sponsor:	Hayley Dorian – School Development Lead		
EQUALITY AND DIVERSITY STATEMENT			

Witherslack Group is committed to the fair treatment of all in line with the Equality Act 2010. An equality impact assessment has been completed on this policy to ensure that it can be implemented consistently regardless of any protected characteristics and all will be treated with dignity and respect.

# ENVIRONMENT, SOCIAL, GOVERNANCE (ESG) STATEMENT

Witherslack Group is committed to responsible business practices in the areas of: Environmental Stewardship, Social Responsibility, Governance, Ethics & Compliance. An ESG impact assessment has been completed on this procedure/protocol to ensure it can be implemented successfully without adverse implications on our Group goals.

To ensure that this procedure/protocol is relevant and up to date, comments and suggestions for additions or amendments are sought from users of this document. To contribute towards the process of review, please email the named policy lead.

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#### 1. RATIONALE AND CONSULTATION

- 1.1 This protocol sets out the framework for Relationships and Sex Education (RSE) at Oakwood Learning Centre, providing clarity on how our RSE curriculum is informed, organised and delivered. This links directly to the Witherslack Group Relationships and Sex Education (RSE) Policy which is a statutory requirement.
- 1.2 At Oakwood Learning Centre we continue to be committed to liaising with parents and carers about all aspects of their child's education. As such, we understand the importance of the role of parents and carers in the development of their child's understanding about relationships, sex and health. From September 2020, the law required schools to consult with parents and carers on their approach to RSE.
- 1.3 At Oakwood Learning Centre we will notify parents/carers each September when the policy and protocol have been reviewed, updated and uploaded to the school website and we will provide a window of opportunity for all parents and carers to respond with their views. The final version of the policy and protocol will then be available on the school website for reference.
- 1.4 We will provide additional opportunities for parents/carers to be informed and ask questions about the delivery and content of the RSE curriculum by providing:
  - Notification of when RSE topics are to be taught and a summary of the content to be covered
  - Opportunities to view and discuss examples of RSE teaching and learning resources and curriculum materials, including those related to the teaching of sensitive topics
  - Information about parents' right to withdraw their child from non-statutory elements of RSE
  - Monthly meetings with Key workers to discuss RSE
- 1.5 Parents/carers of new pupils will be provided with all of the above information at the point of admission, regardless of the time of year they join the school. Parents/carers will be provided with opportunities to find out about the progress of their children in RSE related topics; for example, as part of Annual Reviews of EHCPs, during parents' evenings and within termly progress reports.
- 1.6 We understand that parents and carers may have concerns about some aspects of RSE and all views will be listened to and carefully considered. However, the school will ultimately make the final decision about what is to be taught and when, and this will be informed by our statutory obligations as well as parental views and the needs of our pupils.
- 1.7 In 2023, the DfE announced the formation of an independent expert advisory panel who will advise on the review of the relationships, sex and health education statutory curriculum (taught as part of PSHE and Citizenship at

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Oakwood Learning CentreThe DfE state this will provide an opportunity to consider whether the guidance covers the right topics and will offer further clarity on how to teach sensitive subjects and engage parents positively. The review will be completed by the end of 2023, and any subsequent updates will be reflected in this protocol. In the meantime, Oakwood Learning Centre has carried out a consultation process which has included discussion with pupils as part of a pupil focus group (School Council) and inviting parents/carers to complete a questionnaire.

- **1.8** This policy was reviewed and developed in response to the following guidance:
  - Keeping Children Safe in Education (DfE, 2023)
  - Relationships Education, Relationships and Sex Education (RSE) and Health Education (DfE, 2019)
  - 16-19 Study Programmes Guidance (DfE/ESFA, 2019)
  - The Independent School Standards Guidance for independent schools (DfE, 2019)
  - Review of sexual abuse in schools and colleges (Ofsted, 2021)
  - Sexual violence and sexual harassment between children in schools and colleges (DfE, 2021)
  - Preventing and tackling bullying (DfE, 2017)
  - Three steps to RSHE success (Sex Education Forum, 2021)
  - Principles of good RSE (Sex Education Forum, 2017)
  - Sexting in Schools and Colleges: Responding to incidents and safeguarding young people (UKCCIS, 2016)
  - Special educational needs and disability code of practice: 0 to 25 years (DfE, 2015)
  - Equality Act 2010: advice for schools (DfE, 2014)
  - National Curriculum in England Key Stages 1-4 (DfE, 2014)

### 2. DEFINITIONS

- 2.1 Within the parameters of this protocol, the following definitions apply:
  - *PSHE:* Personal, social, health and economic (PSHE) education.
  - *RSHE:* Relationships, sex education and health education
  - Health education: Health education is learning about physical health and mental wellbeing
  - Relationships education: Relationships education is learning about the physical, social, legal, and emotional
    aspects of human relationships including friendships, family life and relationships with other children and
    adults
  - *RSE:* Relationships and sex education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health
  - Sex education: Sex education is learning about reproduction, pregnancy and birth, preventing pregnancy and STIs

## 3. AIMS AND INTENT

- 3.1 At Oakwood Learning Centre our over-arching aims for RSE are as follows:
  - To deliver high-quality and age-appropriate RSE lessons as part of our overall planned school curriculum and ethos
  - To fulfil our legal obligations related to RSE
  - To take account of parental views and carry out effective consultation
  - To ensure pupils are provided with accurate information from reliable sources
  - To ensure pupils know how to keep themselves safe and how to seek help if needed
  - To use a range of appropriate resources matched to the strengths and needs of individual pupils
  - To provide pupils with opportunities to engage positively in sensitive discussions and enable them to have the confidence to ask questions to help address any misconceptions
  - To encourage pupils to remember what they learn to support their ongoing preparation for the future
- 3.2 In order to achieve our aims, we will plan and teach the RSE content set out by the DfE and provided in *Appendix 1* of this policy.

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#### 4. LEGAL OBLIGATIONS AND RIGHT TO WITHDRAW

- 4.1 The Relationships, Sex and Health Education Regulations (2019) made under the Children and Social Work Act (2017) brought some compulsory changes into effect in all schools from September 2020. Relationships and Health Education are now compulsory for all pupils receiving primary and secondary education It is also compulsory for schools to provide Sex Education to all pupils receiving secondary education.
- 4.2 It is important to note that primary schools have the option to decide whether or not pupils are taught 'Sex Education'. In order to support pupils' ongoing emotional and physical development effectively, we will offer this for our primary-aged pupils at (name of school), where the teaching and learning is appropriate for the age and maturity of each pupil. However, the vast majority of what is taught as part of 'Sex Education' for our primary-aged pupils, is already covered as part of the National Curriculum for Science or as part of Health Education in PSHE.
- 4.3 RSE is an important part of our curriculum and it is hoped that all pupils will participate in all aspects of these lessons. However, the school acknowledges the rights of parents/carers as described below:

Adjust as related to the age-registration of the school/learning centre:

- From September 2020, parents of both primary and secondary-aged pupils will not be able to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body, puberty and developing and nurturing healthy friendships and relationships).
- Parents of both primary and secondary-aged pupils will not be able to withdraw their child from any aspect
  of the National Curriculum for Science (which includes subject content such as {PRIMARY} the names of
  external body parts, the human body as it grows from birth to old age, and reproduction/off-spring in some
  plants and animals AND {SECONDARY} reproduction in humans and plants, hormones in reproduction,
  hormone and non-hormone methods of contraception communicable diseases including sexually
  transmitted infections in humans).
- Parents will be able to withdraw their child (following discussion with the school and providing notification to the Headteacher in writing) from any or all aspects of Sex Education (other than those provided as part of the Science curriculum) up to and until three terms before the age of 16.
- In line with the statutory guidance, where pupils are withdrawn from Sex Education, we will keep a record of this (including discussions/requests from parents/carers) and we will ensure that the pupil receives appropriate, purposeful education during the period of withdrawal.
- In line with the statutory guidance, if any secondary-aged pupil wishes to receive Sex Education rather than be withdrawn, we will make arrangements to provide the pupil with Sex Education during one of the three terms before the age of 16.
- At Post 16, we will continue to offer Sex Education to our pupils as part of their non-qualification activities linked to the development of character, broader skills, attitudes and confidence and in preparation for transition to life beyond school. Parents/carers will not have the right to withdraw pupils from this.
- **4.4** For further clarity, please see Appendix 2 of this protocol for an overview of the compulsory aspects of RSE at the different stages of education as set out by the DfE.

## 5. ROLES AND RESPONSIBILITIES

- 5.1 At Oakwood Learning Centre the Head teacher, assumes overall responsibility for ensuring that the organisation and delivery of RSE lessons are carried out by staff who have an appropriate level of expertise and knowledge and that all pupils make progress in achieving the expected outcomes. The Headteacher is also responsible for managing any requests to withdraw pupils from non-statutory sex education lessons and organising alternative appropriate education.
- 5.2 PSHE and Citizenship Lead, is responsible for ensuring that RSE is well planned and sequenced, both as part of an overall long-term plan and specific schemes of work. With the support of the Senior Leadership Team, the PSHE

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and Citizenship Lead is responsible for ensuring that RSE is taught consistently well across the school and is suitably resourced. This may include liaising with and supporting other staff members/external professionals who deliver some/all of the RSE lessons at our school. The PSHE/Citizenship Lead is expected to work closely with the Designated Safeguarding Lead (DSL) as well as colleagues in related curriculum areas to ensure the curriculum is suitable for individual pupils and complements content covered in National Curriculum subjects.

- 5.3 Teachers who are given responsibility for delivering RSE lessons must recognise the importance of RSE. They must seek support, advice and additional professional development wherever necessary to ensure that teaching continues to be well-prepared and of a high standard at all times.
- 5.4 The governance structure provided by Witherslack Group will ensure that the school complies with the provisions of the RSE policy and local protocol and that legal obligations related to RSE are fulfilled.

## 6. TRAINING AND CPD

6.1

At Oakwood Learning Centre we recognise the importance of ensuring teachers of RSE have an appropriate level of expertise and knowledge. This is achieved through internal and external training (eg. from the Sex Education Forum), attendance at Witherslack Group PSHE and Citizenship Network Meetings and support from the school's PSHE and Citizenship Lead and DSL.

## 7. IMPLEMENTATION (ORGANISATION AND DELIVERY)

- 7.1 At Oakwood Learning Centre RSE is carefully planned and delivered primarily through our PSHE and Citizenship curriculum. PSHE/Citizenship lessons are given a high priority and are timetabled every week for all Key Stages. Some aspects of RSE feature across several topics, yet discrete RSE topics are also planned and delivered, giving full consideration to the timing of this as related to the age and emotional maturity of our pupils. Additional teaching may also take place within assemblies, Science lessons, RE lessons and other areas of the curriculum, but these will be part of our carefully planned approach to RSE and not simply an 'add-on'. Please see Appendix 3 of this policy for an overview of RSE within our curriculum.
- 7.2 Through effective organisation and delivery of RSE, we ensure that:
  - RSE is delivered in a non-judgemental, age-appropriate, factual and inclusive way that allows pupils to ask
    questions in a safe environment. Approaches such as distancing techniques and use of classroom question
    boxes (encouraging pupils to use their names) will allow pupils to raise issues or ask questions which they
    may find embarrassing.
  - Teachers ensure that pupils' views are listened to and will encourage them to ask questions and engage in discussion. Ground rules are developed and shared with pupils as part of best practice. Ground rules help to ensure discussions and personal questions/comments are managed appropriately and sensitively, along with those questions which are more challenging.
  - Core knowledge is sectioned into units of a manageable size.
  - Taught content provides opportunities to revisit previous content and allows clear progression. Topics and lessons are carefully sequenced, within a planned scheme of work, and where relevant are linked to other areas of the curriculum.
  - Teaching includes sufficient and well-chosen opportunities and contexts for pupils to embed new knowledge so that it can be used confidently in real-life situations.
  - The curriculum proactively addresses issues in a timely way in line with current evidence on pupils' development as well as their age.
  - Groupings are carefully considered by teachers and senior leaders (including the Designated Safeguarding Lead as appropriate) some classes may be taught in gender-specific groups, on a one to one basis or

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- within a whole class setting dependent on the nature of the topic being delivered at the time, the cultural, religious or personal background of pupils, their age and SEND.
- All resources are selected carefully and are suitable for the needs of the pupils being taught inappropriate/illegal images, videos and other materials are not be used in any circumstances and all related school policies will be are followed.
- Care is taken to ensure that there is no stigmatisation of any pupil based on their home circumstances and needs, to reflect sensitively that some children may have a different structure of support around them; e.g. children in care or young carers.
- There is an awareness that some pupils are more susceptible to exploitation, bullying and other issues due to the nature of their SEND and appropriate actions will be taken to mitigate this.
- There is a balance between teaching pupils about making sensible decisions to stay safe (including online), whilst being clear it is never the fault of any child who is abused and why victim blaming is always wrong.
- It is recognised that pupils may be discovering or understanding their sexual orientation or gender identity and all pupils should feel that the content is relevant to them and explored at a timely point and in a clear, sensitive and respectful manner.
- Content related to LGBT+ is fully integrated into a range of topics, rather than delivered as a stand-alone unit or lesson.
- There is a focus on challenging perceived derogatory views about the legally protected characteristics of age, disability, gender reassignment, marriage/civil partnership, pregnancy/maternity, race, religion/belief, sex and sexual orientation, through exploration of, and developing mutual respect for, those different to themselves.
- Steps are taken to foster healthy and respectful peer-to-peer communication and we provide an environment which challenges sexual violence and harassment as well as perceived limits on pupils based on their gender or any other protected characteristic.
- There is awareness of issues such as sexism, misogyny, homophobia, gender stereotypes, sexual violence and harassment (including online), with positive action taken to build a school culture within which these are not tolerated.
- Awareness of the issues of sexting and youth produced sexual imagery are not taught in isolation and instead are taught as part of a developmental PSHE programme, with all recent government guidance carefully considered.

## 8. WORKING WITH OTHER PROFESSIONALS

- 8.1 Working with external agencies can sometimes enhance our delivery of some aspects of RSE, bringing in specialist knowledge and different ways of engaging pupils. For example, Oakwood Learning Centre may consider accessing support from the NHS or local specialist services who may be able to provide advice and CPD for teachers. Alternatively, we might introduce pupils to the School Nurse or a representative from the NSPCC Speak Out/Stay Safe Programme via a workshop.
- 8.2 Oakwood Learning Centre only uses visitors to enhance teaching provided by our school staff, not to replace it. Staff employed by the school will be present during any RSE session delivered by an external visitor commissioned by the school. It will be agreed with any visitor how confidentiality will work in any lesson and how safeguarding reports are to be dealt with in line with the school Child Protection Policy and Procedures. Similarly, the school will consider whether information-sharing is necessary and will comply with the provisions of the school's Data Protection Policy.
- 8.3 Where external experts are invited to assist from time-to-time with the delivery of RSE, they will be expected to comply with the provisions of this protocol and any related policies. In line with the usual procedures and policies of our school, we will check the credentials of all external agencies and we will ensure the teaching delivered by any external experts fits with the planned curriculum and provisions of this protocol. The school/learning centre will discuss with the visitor the details of how they intend to deliver their sessions and ensure that content is age-appropriate and accessible for all pupils. The school/learning centre will request copies of the materials and lesson plans the visitor will use, to ensure it meets the full range of pupils' needs.

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8.4 Where a pupil has involvement from specialist external agencies, discussions between those agencies and appropriate senior staff in school, including the school's Designated Safeguarding Lead (DSL), are important in order to ensure that RSE lessons are delivered in a way that is most appropriate for the individual child.

## 9. SAFEGUARDING AND CONFIDENTIALITY

- 9.1 At Oakwood Learning Centre, there is a focus on keeping our pupils safe, and the RSE curriculum plays an important role in our preventative education. All pupils are taught about keeping themselves safe, including how to stay safe online and how to stay safe within the community, as part of our over-arching curriculum. Teachers are made aware of common 'adverse childhood experiences' or ACEs (such as family breakdown, bereavement and exposure to domestic violence). Teachers should understand that pupils who have experienced problems at home may depend more on schools for support.
- 9.2 The PSHE/Citizenship Lead liaises with the school's Designated Safeguarding Lead (DSL) in anything that is safeguarding-related within the context of PSHE and Citizenship, including RSE and keeping safe. The DSL is likely to have knowledge of trusted, high quality local resources that could be engaged, as well as knowledge of any particular local issues which may be appropriate to address in lessons. The DSL liaises with the PSHE and Citizenship Lead about the circumstances of individual pupils if felt to be required, including when and how adverse childhood experiences may be affecting any individual pupil and so may be influencing how they experience these subjects topics. Additional professional advice will be sought if needed as related to those pupils, including support and advice from our on-site clinical services staff.
- 9.3 Our good practice allows pupils to have an open forum to discuss potentially sensitive issues and it is recognised that such discussions could lead to increased safeguarding reports. The school's Child Protection Policy and Procedures must be adhered to at all times and without exception, concerns or disclosures made within or as a result of PSHE and Citizenship lessons must be shared with the Designated Safeguarding Lead (DSL). Pupils are made aware of how to raise their concerns or make a report and how any report will be handled. This includes processes when they have a concern about a friend or peer. Staff will never promise a child that they will not tell anyone about a report of abuse, as this may ultimately not be in the best interests of the child.

## 10. Managing Difficult Questions

At Oakwood Learning Centre, the PSHE and Citizenship Lead will provide advice to staff on the type of questions which are appropriate and inappropriate to ask and answer within a whole-class setting and the use of Ground Rules with pupils will support this process. Depending on the nature of the questions asked, staff will use their skill and discretion to determine whether a question will be answered at the time. They may decide to explain to a pupil that their question will be returned to at a later time and they may decide to discuss possible responses to questions with a parent/carer, the PSHE and Citizenship Lead, the DSL or a member of the Senior Leadership Team. Answers to questions may then be followed-up with individuals, small groups or a whole class as deemed to be appropriate.

### 11. IMPACT AND ASSESSMENT

- 11.1 Oakwood Learning Centre has the same high expectations of the quality of pupils' work in RSE as for other curriculum areas. Our curriculum builds on the knowledge pupils have previously acquired, including in other subjects, with regular feedback provided on pupil progress. We recognise that impact of the RSE curriculum may not ever be observed in school or indeed until adulthood, but every effort will be made to track destination data which will provide us with some impact information. We will also make efforts to find out if pupils have been able to apply learning in the community or at home as appropriate eg. through discussions with parents, carers and other professionals
- 11.2 Learning is assessed and assessments are used to identify where pupils need extra support, intervention or additional challenge. Whilst there is no formal examined assessment for RSE, teachers will assess all outcomes to capture progress. Strategies include assessment against the school's own assessment system (see Assessment Policy), as well as additional tests/quizzes, written assignments, self/peer evaluations, use of structured questioning, mind-maps, presentations/role-play, pupil interviews and learning portfolios.

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#### 12. MONITORING AND REVIEW

- 12.1 Please amend if local arrangements do not apply exactly) Supported by the Senior Leadership Team, the PSHE and Citizenship Lead is responsible for monitoring the quality of teaching and learning in RSE.

  The quality of RSE provision is also subject to regular and effective self-evaluation as part of termly subject reports for PSHE and Citizenship. Information to be taken into account includes feedback from lesson visits and learning
- **12.2** Factors to be considered as part of this process are outlined below:
  - Is the curriculum effectively managed and are staff teaching RSE suitably skilled and knowledgeable?
  - Does the RSE curriculum reflect national guidance, local priorities and pupils' needs?

walks, planning and work scrutiny, pupil and parent feedback and pupil progress.

- Are all pupils being taught the curriculum as intended?
- Is the quality of teaching consistent across all classes and does it exemplify best practice?
- Are the RSE resources used suitable and accessible?
- 12.3 Oakwood Learning Centre will review this local protocol annually to ensure it continues to reflect its best practice and that it meets the requirements of the Witherslack Group Relationships and Sex (RSE) Policy.
- 13. REFERENCES
- 14. ASSOCIATED FORMS
- 15. APPENDICES

**APPENDIX 1:** Key Content

**APPENDIX 2:** Compulsory Aspects **APPENDIX 3:** Curriculum Map

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#### **APPENDIX 1**

The school's curriculum is planned so that the key content is taught at the appropriate time for each pupil. The key content is outlined below and is provided within the *DfE's 2019 statutory guidance 'Relationships Education, Relationships and Sex Education and Health Education'.* This does not include related content taught as part of the National Curriculum for Science or related content taught as part of Health Education.

By the end of primary school, pupils should know:

#### Families and people who care for me

- that families are important for children growing up because they can give love, security and stability.
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.
- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.
- that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong (Marriage in England and Wales is available to both opposite sex and same sex couples. The Marriage Act 2013 extended marriage to same sex couples in England and Wales. The ceremony through which a couple get married may be civil or religious).
- how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.

#### Caring friendships

- how important friendships are in making us feel happy and secure, and how people choose and make friends.
- the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.
- that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

## Respectful relationships

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.
- practical steps they can take in a range of different contexts to improve or support respectful relationships.
- the conventions of courtesy and manners.
- the importance of self-respect and how this links to their own happiness.
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.
- what a stereotype is, and how stereotypes can be unfair, negative or destructive.
- the importance of permission-seeking and giving in relationships with friends, peers and adults.

## Online relationships

- that people sometimes behave differently online, including by pretending to be someone they are not.
- that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.
- the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.

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- how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.
- how information and data is shared and used online.

#### Being safe

- what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).
- about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.
- that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.
- how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.
- how to recognise and report feelings of being unsafe or feeling bad about any person.
- how to ask for advice or help for themselves or others, and to keep trying until they are heard.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so.
- where to get advice e.g. family, school and/or other sources.

#### Sex Education:

At secondary school (and at Post 16), pupils will receive information on healthy intimate relationships, sexual consent and the law, fertility and reproduction, sexually transmitted infections (STIs), contraception and sexual health advice

#### Families

- that there are different types of committed, stable relationships.
- how these relationships might contribute to human happiness and their importance for bringing up children.
- what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.
- why marriage is an important relationship choice for many couples and why it must be freely entered into.
- the characteristics and legal status of other types of long-term relationships.
- the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.
- how to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed.

## Respectful relationships, including friendships

- the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.
- practical steps they can take in a range of different contexts to improve or support respectful relationships.
- how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice).
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.
- that some types of behaviour within relationships are criminal, including violent behaviour and coercive control.
- what constitutes sexual harassment and sexual violence and why these are always unacceptable.
- the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.

# Online and media

- their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.
- about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.

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- not to provide material to others that they would not want shared further and not to share personal material which is sent to them.
- what to do and where to get support to report material or manage issues online.
- the impact of viewing harmful content.
- that specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.
- that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.
- how information and data is generated, collected, shared and used online.

### Being safe

- the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.
- how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).

#### Intimate and sexual relationships, including sexual health

- how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.
- that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.
- the facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.
- that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.
- that they have a choice to delay sex or to enjoy intimacy without sex.
- the facts about the full range of contraceptive choices, efficacy and options available.
- the facts around pregnancy including miscarriage.
- that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).
- how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.
- about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.
- how the use of alcohol and drugs can lead to risky sexual behaviour.
- how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.

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#### **APPENDIX 2**

Please see below an overview of the compulsory aspects (as set out by the DfE) of RSE, within the different stages of education.

	KS1	KS2	KS3	KS4
Relationship education	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal
PSHE - Health education	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal
Science - reproduction education	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal	Must be taught – no right to withdrawal
Sex education (beyond the compulsory Health and Science aspects of the curriculum)	Schools can choose whether to teach this – parents can withdraw	Schools can choose whether to teach this – parents can withdraw	Must be taught – parents can withdraw	Must be taught – parents can withdraw until three terms before a child's 16 <sup>th</sup> birthday

# Post 16/KS5 Pupils

The Independent Schools Standards clarify that PSHE is compulsory and also that where the school has pupils above compulsory school age, a programme of activities which is appropriate to their needs must be in place. The DfE 16-19 study programme clarifies that the principles apply equally to students with SEND. Whilst there is no specific reference to RSE in the 16-19 study programmes, the guidance explains that all 16-19 pupils are expected to take part in meaningful non-qualification activity, such as activities to develop confidence, character, resilience and life-skills.

In line with the SEND Code of Practice (2015), some young people aged 16 and over may have RSE related outcomes in their EHCPs as part of their transition to adulthood. In addition, the SEND Code of Practice explains that after compulsory school age (the end of the academic year in which they turn 16) the right to make requests and decisions under the Children and Families Act 2014 applies to young people directly, rather than to their parents.

Schools within the Witherslack Group have chosen to continue to offer RSE for Post 16 students, in response to the above requirements and as a progression of learning for secondary pupils.

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# **APPENDIX 3**

Please see below our Curriculum Map which shows when RSE related content is taught within this academic year (please ensure this reflects RSE content only and covers 2023-24):

			Spring 1	Spring 2	Summer 1	Summer 2
	Relationships	Relationships	Health &	Health &	Living in the	Living in the
			Wellbeing	Wellbeing	Wider World	Wider World
ower	VIPs	TEAM	Safety First	Think Positive	<b>Money Matters</b>	One World
KS2						
	Establishing and	Teamwork	Individual	Feelings;	Spending and	Fictional case
	developing	skills; Actions	responsibility;	Mental	borrowing	study; Other's
	friendships;	and impact;	Decision	health;	money	people's life
	Handling	Resolving	making; <b>Peer</b>	Thinking	(including	experiences
	disputes and	conflicts;	pressure; Risks,	positively;	consequences);	and
	<b>bullying;</b> Coping	Individual	hazards and	Managing	Financial	opportunities;
	strategies;	responsibility;	dangerous	difficult	choices and	Actions and
	healthy	New starts;	situations;	emotions;	priorities;	effects;
	friendships,	00 !: !	Dangerous	Growth mind-	Keeping track	Inequality and
	trusting	PD link-	substances;	set;	of spending;	stereotypes;
	relationships;	Preparing	First aid and			Climate change
	respectful	pupils for life in	dealing with	Clinical link-	CCL-Careers	and fair trade;
	relationships	modern Britain	common	Resilience	curriculum and	Global
	with others and	effectively,	injuries;	across the	individualised	citizenship;
	community and	developing their	,	curriculum	careers	• *
	self-respect.	understanding	CCL-Science-		programme and	
		of the	Chemistry		Mathematics.	CCL-English
	CCL-	fundamental	DD link Dunile		DD Link numile	CCL-Eligisti
	Communicational	British values of	PD link-Pupils know how to eat		PD Link-pupils	PD link-Pupil
	and	democracy, the	healthily,		are prepared	understand,
	interaction/social	rule of law,	maintain an		for future	appreciate an
	activities	individual	active lifestyle		success in	respect
		liberty, and	and keep		education,	difference in th
		mutual respect	physically and		employment or	world and it
	PD link-Age	and tolerance	mentally		training	people,
	appropriate	of those with	healthy. They			celebrating th
	understanding of	different faiths	have an age-			things we shar
		and beliefs	appropriate			in commo
	healthy	ana benejs	understanding			across cultura
	relationships.	CCL-PE team	of healthy			religious, ethni
	Pupils engage	working	relationships			and socio
	with views,		and of the			economic
	beliefs and	What a <b>family</b>	protected			communities.
	opinions that are	unit is,	characteristics			
	different from	characteristics				
		of a healthy				
	their own.	family, caring				
	Pupils	relationships				
	understand how	and how to				
	to be responsible,	identify these,				
	respectful, active	marriage as				
	citizens who	legally				
	contribute	recognised				
		commitment				
	positively to					
	society.					

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					family, caring	
		aspirations			of a healthy	
	Biology	raising	and off-line	<b>puberty</b> and	characteristics	money
	CCL-Science-	stereotypes and	Managing <b>on-</b>	Managing	unit is,	<b>budgeting</b> our
	neartify choices	challenging	Dullyllig	substances	What a <b>family</b>	spending and
	healthy choices	Challenging	including cyber bullying	other substances	Exploring family life.	Saving, spending and
	Diet, exercise and how to make	careers	bullying including cyber	tobacco and	Evaloring	Saving
	Dist.	introduction to	handled	Anha '	friendships	Decisions
	secondary school	and	prejudice and	alcohol,	romance and	financial
Year 7	Transition to	Enterprise skills	Diversity,	The risks of	Self-esteem,	Making ethical
KS3	Health & Wellbeing	Living in the wider world	Relationships	Health & Wellbeing	Relationships	Living in the wider world
		characteristics				
		protected				
		and of the			and beliefs	
		of healthy relationships			different faiths	characteristics
		understanding			of those with	protected
		appropriate			and tolerance	relationships and of the
		have an age-			mutual respect	of healthy
		healthy. They			liberty, and	understanding
		mentally			individual	appropriate
		and keep physically and			rule of law,	have an age-
		active lifestyle		programme	democracy, the	mentally healthy. They
		maintain an		careers	British values of	physically and
		eat healthily,		individualised	of the fundamental	and keep
		know how to		and	understanding	active lifestyle
		PD link-Pupils	curriculum link	curriculum	developing their	maintain an
		Biology	CCL-E-Safety	CCL-Careers	effectively,	eat healthily,
		CCL-Science-	001 5 5 6	developed.	modern Britain	know how to
				nurtured and	pupils for life in	PD link-Pupils
			too.	interests	Preparing	Biology
	development.	age.	report issues	talents and	PD link-	CCL-Science-
	coaching and	change with	and who to	PD Link-Pupils		
	Emotional	how they	shared online			
	Clinical link-	feelings and	shouldn't be		citizens.	choices.
		Describe	that can and	in society	<b>rights</b> of British	making <b>healthy</b>
		puberty.	Identify things	opportunities	liberty and	medicines can
	resolve them	body during	kept safe.	career	law, individual	too. Identify
	strategies to	changes to the	internet can be	Understand	democracy,	who I can talk
	disputes and	Introduce	know how the	obtain a job.	role of	healthy and
	feelings, discussing	between male and female.	negatives of being online and	and the skills required to	British isles is like and the	required to keep the <b>body</b>
	emotions and	and differences	positives and	and strengths	life in the	what is
	individual	human body	Recognise the	achievements	describe what	understand
	Understanding of	Describe the	Dogganico the	Identify own	Know and	Know and
KS2	Lindanska adio a af	Danasila a tha	Wellbeing	I dan Aife		
Upper	Be Yourself	Growing up	Digital	Aiming High	Diverse Britain	It's my Body
		relationships				
		of healthy				
		understanding				
		appropriate				
		PD link-Age				

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PD**CCL-Careers** Friendships and **CCL-Careers** link-Pupils the issues of and trusting know how to eat curriculum and characteristics unwanted relationships curriculum and healthily, individualised of positive and contact and and how to individualised maintain careers an healthy **FGM** identify these, careers active lifestyle programme programme and friendships. marriage as CCL-Scienceand keep Respect for legally Mathematics. physically and Biology others and self, recognised mentally healthy. criminal and commitment as They have an well as other coercive PD Link-Pupils age-appropriate PD link-Pupils behaviours and identified legal understanding of understand know how to relationships sexual healthy how to be eat healthily, harassment and relationships and responsible, maintain an of the protected violence. respectful, active lifestyle characteristics **Equality** active citizens and keep who contribute physically and positively to mentally CCL-Anti society. healthy. They bullying have an ageappropriate coordinator understanding healthy of relationships PD link-Pupils and of the understand, protected appreciate and characteristics respect difference in the world and its people, celebrating the things we share in common across cultural, religious, ethnic and socioeconomic communities. PD link-Preparing pupils for life in modern Britain effectively, developing their understanding of the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of

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Year 8 First aid a personal s focusing of safety  Alcohol at misuse an managing influence	responsibilities in the community and online with whom to discuss for	those with different faiths and beliefs  Tackling racism and religious discrimination, promoting human rights  (PROTECTED CHARACTERITIC LINK-Race,	Mental health and emotional wellbeing, including body image  Managing change and	Introduction to sexuality and consent (PROTECTED CHARACTERITIC LINK-, sex, sexual orientation)	Evaluating value for money in services Risks and consequences making financial
CCL-Science Biology  PD link-Put know how healthily, maintain of active lifes and keep physically mentally lifes age-approdunderstant healthy relationsh of the pro- characters	gender, marriage & civil partnerships and disability discrimination (PROTECTED CHARACTERITIC LINK)  and pealthy. and periate ding of difference in the world and its people, celebrating the	Religion/beliefs)  Online safety and digital literacy  CCL-E-Safety  PD link-Pupils understand, appreciate and respect difference in the world and its people, celebrating the things we share in common across cultural, religious, ethnic and socio- economic communities.  PD link- Preparing pupils for life in modern Britain effectively, developing their understanding of the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of	Clinical link- resilient, independent learners with a strength of character.  PD link-Pupils know how to eat healthily, maintain an active lifestyle and keep physically and mentally healthy. They have an age- appropriate understanding of healthy relationships and of the protected characteristics	CCL-Science-Biology  Introduction to contraception including condom and the pill. Facts about sexual health, reproductive health and fertility.  Strategies to manage sexual pressure. Contraceptive choices, pregnancy and sexually transmitted infections.  PD link-Pupils know how to eat healthily, maintain an active lifestyle and keep physically and mentally healthy. They have an ageappropriate understanding of healthy relationships and of the protected characteristics	CCL-Careers curriculum and individualised careers programme and Mathematics.  PD Link-Pupils understand how to be responsible, respectful, active citizens who contribute positively to society.

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	PD link-Pupils know how to eat	responsible, respectful,	who contribute	active lifestyle and keep	responsible, respectful,	Synergy
	character.	understand how to be	respectful, active citizens	eat healthily, maintain an	understand how to be	CCL-Science AQA GCSE
	strength of	PD Link-Pupils	responsible,	know how to	PD Link-Pupils	-
	independent learners with a	Synergy	to be	PD link-Pupils	Synergy	sexual orientation)
	resilient,	AQA GCSE	understand how	Synergy	AQA GCSE	LINK-, sex,
PSHE	Clinical link-	CCL-Science	PD Link-Pupils	AQA GCSE	CCL-Science	CHARACTERITIC
ASDAN		-	CCL-E-Safety/ICT	CCL-Science	_	(PROTECTED
	Wellbeing	and Healthy			Drugs	
Year 10	Module 1: Emotional	Module 2: Keeping Safe	Module 3: <b>Social Media</b>	Module 4: Alcohol	Module 5: Tobacco and	Module 6: Sexual Health
KS4	Autumn 1	Autumn 2	Spring 1	Spring 2	characteristics Summer 1	Summer 2
			characteristics		protected	
			protected		and of the	
			and of the		of nealtny relationships	
			relationships		understanding of healthy	
			of healthy		appropriate	
			appropriate understanding		have an age-	
			have an age-		healthy. They	
		training	healthy. They		physically and mentally	society.
		employment or	mentally		and keep	positively to
		education,	physically and	<u> </u>	active lifestyle	who contribute
		success in	active lifestyle and keep	society.	maintain an	active citizens
		for future	maintain an	positively to	eat healthily,	respectful,
		are prepared	healthily,	contribute	know how to	responsible,
		PD Link-Pupils	know how to eat	active citizens who	PD link-Pupils	how to be
			PD link-Pupils	respectful,	pornography	understand
	positively to society	programme	orientation, sex)	responsible,	and	PD Link-Pupils
	contribute	careers	sexual	how to be	The risks of STIs, sexting	Mathematics.
	citizens who	individualised	reassignment,	understand	37	programme and
	respectful, active	curriculum and	LINK-Gender	PD Link-Pupils	Biology	careers
	to be responsible,	CCL-Careers	(PROTECTED CHARACTERITIC	Biology	CCL-Science-	curriculum and individualised
	PD Link-Pupils understand how		(DDOTECTED	CCL-Science-	orientation)	CCL-Careers
				addiction	sexual	001.5
			sexism	abuse and	LINK-, sex,	
	coping strategies	setting goals	transphobia and	and alcohol	CHARACTERITIC	key stage 3
	unhealthy	strengths and	homophobia,	risks of <b>drug</b>	and consent. (PROTECTED	development in
	balance and	learning	Tackling	Assessing the	relationships	learning skills
	Dieting, lifestyle	Identifying	from home	substances	healthy	Reflecting on
	crime	aspirations	of running away	illicit	including	project
	and risk, gang	future	and the dangers	in relation to	education	enterprise
	assertiveness	careers and	conflict at home	peer pressure	and sex	carrying out an
Year 9	Peer pressure,	Understanding	Managing	Managing	Relationships	Planning and
		and benefit	and senejs			
		and beliefs	and beliefs			
		of those with different faiths	those with different faiths			

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	healthily, maintain an active lifestyle and keep physically and mentally healthy. They have an age-appropriate understanding of healthy relationships and of the protected characteristics	active citizens who contribute positively to society	positively to society	physically and mentally healthy. They have an ageappropriate understanding of healthy relationships and of the protected characteristics	active citizens who contribute positively to society	PD link-Pupils know how to eat healthily, maintain an active lifestyle and keep physically and mentally healthy. They have an age- appropriate understanding of healthy relationships and of the protected characteristics
Year 11 ASDAN PSHE	Module 7: Respectful Relationships	Module 8: Families and Parenting	Module 9: Financial Choices	Module 10: Careers and your future	Module 11: Living in Modern Britain	Post-16 Transition
	(PROTECTED CHARACTERITIC LINK- sex, sexual orientation, marriage & civil partnerships)  PD link-Pupils understand, appreciate and respect difference in the world and its people, celebrating the things we share in common across cultural, religious, ethnic and socio- economic communities.  PD link- Preparing pupils for life in modern Britain effectively, developing their understanding of the fundamental British values of	(PROTECTED CHARACTERITIC LINK- sex, sexual orientation, marriage & civil partnerships)  PD Link-Pupils understand how to be responsible, respectful, active citizens who contribute positively to society.	CCL-Careers curriculum and individualised careers programme and Mathematics.  PD Link-Pupils understand how to be responsible, respectful, active citizens who contribute positively to society.	CCL-Careers curriculum and individualised careers programme  PD Link-Pupils are prepared for future success in education, employment or training	(PROTECTED CHARACTERITIC LINK- age, gender, marriage & civil partnerships and disability discrimination)  PD link- Preparing pupils for life in modern Britain effectively, developing their understanding of the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs	individual plans and guidance.  PD Link-Pupils are prepared for future success in education, employment or training

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democracy, the			
rule of law,			
individual liberty,			
and mutual			
respect and			
tolerance of			
those with			
different faiths			
and beliefs			

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