



Pontville  
School

## Dylan's story

Dylan arrived at Pontville School as a frustrated young boy who found it difficult to sit down during lessons and often displayed aggressive behaviours that would endanger himself and others around him. He also frequently attempted to abscond or would spend long periods of time outside of the classroom.

*"He began to engage in lessons and his interactions with peers improved too, resulting in friendships blossoming."*

## Self-regulation

Learning was not of interest to Dylan and making friends not a priority, however we could see that there was a glimpse of interest from him and so the planning began with teachers, therapists and the pastoral team to help him engage in learning and school life.

Dylan was introduced to a personalised timetable that consisted of a bespoke curriculum that met his needs. With the support of his class staff, he began to identify strategies that could be used to support him when approaching and during crisis. Dylan was presented with stress toys and tennis balls as part of his movement breaks to help him further manage his behaviours.

As the self-regulating techniques started to help Dylan manage his behaviours, he became calmer and scenarios that would have caused him great concern and stress reduced. He began to engage in lessons and his interactions with peers improved too, resulting in friendships blossoming.

## Friendships and flourishing

Fast forward to now and you will find Dylan truly enjoying all aspects of school life. The boy that was not interested in friendships has realised the joy and sense of belonging these relationships can bring. His engagement in learning has allowed him to develop new skills and also importantly appreciate school and home life.

The frustrated young boy has blossomed into a gentleman. Dylan himself acknowledges the unwavering support from staff and often openly reflects on his progress and achievements – something everyone is proud of.

 [www.witherslackgroup.co.uk/pontville-school](http://www.witherslackgroup.co.uk/pontville-school)

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Meet Dylan

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