

My daily routine



Morning

1

Dashed box for morning routine step 1.

2

Dashed box for morning routine step 2.

3

Dashed box for morning routine step 3.

4

Dashed box for morning routine step 4.

5

Dashed box for morning routine step 5.

6

Dashed box for morning routine step 6.

Afternoon / Evening

1

Dashed box for afternoon/evening routine step 1.

2

Dashed box for afternoon/evening routine step 2.

3

Dashed box for afternoon/evening routine step 3.

4

Dashed box for afternoon/evening routine step 4.

5

Dashed box for afternoon/evening routine step 5.

6

Dashed box for afternoon/evening routine step 6.



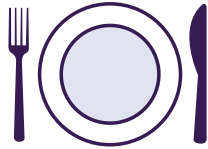
Brush teeth



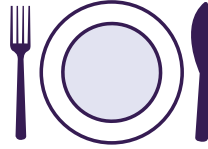
Brush teeth



School



Breakfast



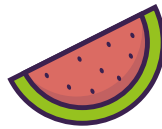
Lunch



Homework



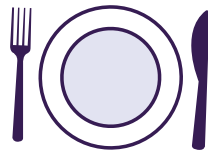
Get dressed



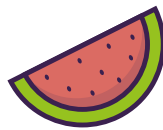
Snack



Pack school bag



Evening meal



Snack



Quiet time



Wash time



Play outside



Bed time

Please print out this activity sheet and cut along the dotted lines. Add the activities to your daily routine calendar. Apply with either Blu Tac or Pritt Stick.