



Top Tips:

Supporting learning and keeping your child motivated

Observe what your child enjoys: following your child's lead can highlight opportunities for ready made motivators: could you make a paper jigsaw from a photo of a favourite toy or activity to use instead of a star chart?

Try and make the process to a reward, engaging and fun too: building jigsaw pieces as mentioned above.

Choose colour and pictures to help organise equipment that is interesting to your individual child: traffic lights don't work for everyone... especially if your goal is green and they don't like green!

Use logical and systematic approaches that are as complex or simple as the computer games your child selects to play!

Be consistent and persistent; firm but fun and fair: exploring if a lucky dip to get jobs suits your child better than a tick list... or visa versa.



Use a visual and fun approach as a reminder that you are building up to a positive activity together: a physical reminder like a piece of Jenga or a chess piece in the school bag.

Think outside the box: a pipe cleaner or a pebble may be the best things to collect rather than points!

Explain your thoughts and motives behind your plan: revealing what is going on in your head by overtly following your diary can model good practice and support a more receptive attitude to engaging with visual schedules etc.

Share WHY you find a approach helpful and why you think your child might!

Be confident in your child's learning styles and remind them of these too!